**BEFORE I DIE.**

**A Festival for the**

**LIVING ABOUT DYING**

23rd MAY 2015

**Quaker Meeting House, Friargate, York YO1 9RL**

Part of a growing social movement to reflect on how we manage death and dying, by providing space and opportunities to talk and discuss end-of-life issues as individuals and as a society. Our festival is part of a network of events across the UK for national ‘Dying Awareness’ week.

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| 10:30 am - 12 noon | Spiritual Perspectives – A writing workshop  
Using ancient symbols to make sense of our lives, and assisting the dying to do so  
Linda Fryer (01904 792 222) |
| 10:30 am - 12 noon | A workshop to debate the myriad ways in which loss of all kinds is a part of our lives from birth to death  
Rachel Jenkins (01904 488 122) |
| 01:30 pm - 03:00 pm  | Death Café  
David and Penny Worth (dworth@doctors.org.uk) |
| 01:30 pm - 03:30 pm  | Funeral planning advice  
Chris Dudzinska (01653 627 170) |
| 02:00 pm - 04:00 pm  | EXIT show – A Real People Theatre production  
looking positively at death as part of life  
Sue Lister (01904 488 870) |
| 02:00 pm - 04:00 pm  | Advance Decisions (Living Wills) – Your choices at the end of life  
Celia Kitzinger and Sue Wilkinson (07872 472 740) |

*There will be a small charge of £3 per session*

We would like to thank the University of York for their financial support