

BEFORE I DIE.



A Festival for the
LIVING ABOUT DYING
23rd MAY 2015

Quaker Meeting House, Friargate, York YO1 9RL

Part of a growing social movement to reflect on how we manage death and dying, by providing space and opportunities to talk and discuss end-of-life issues as individuals and as a society. Our festival is part of a network of events across the UK for national 'Dying Awareness' week.

- 10:30 am - 12 noon **Spiritual Perspectives – A writing workshop**
Using ancient symbols to make sense of our lives,
and assisting the dying to do so
Linda Fryer (01904 792 222)
- 10:30 am - 12 noon **A workshop to debate the myriad ways in which**
loss of all kinds is a part of our lives from birth to
death
Rachel Jenkins (01904 488 122)
- 01:30 pm - 03:00 pm **Death Café**
David and Penny Worth (dworth@doctors.org.uk)
- 01:30 pm - 03:30 pm **Funeral planning advice**
Chris Dudzinska (01653 627 170)
- 02:00 pm - 04:00 pm **EXIT show – A Real People Theatre production**
looking positively at death as part of life
Sue Lister (01904 488 870)
- 02:00 pm - 04:00 pm **Advance Decisions (Living Wills) – Your choices at**
the end of life
Celia Kitzinger and Sue Wilkinson (07872 472 740)

There will be a small charge of £3 per session

We would like to thank the University of York for their financial support

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